

## Heart Gift Box



Digitizing by Betty Henriksen of Cooper's Stitches  
<http://www.coopersstitches.com>

Embroidery Hoop Size: Large box uses the 5x7 hoop  
Small box uses the 4x4 hoop

### Fabric Requirements

\*Note: For each piece, you will need to cut outer fabric, lining fabric and a stiff interfacing, such as Timtex or Peltex - in my instructions, I will refer to this as Timtex.

Large Box: Front and Back Sections - Cut pieces 5 1/4" x 5 1/4".  
Bottom Section - Cut pieces 5" x 3".  
Side Sections - Cut pieces 3" x 3".

Small Box: Front and Back Sections - Cut pieces 4 1/2" x 4 1/2".  
Bottom Section - Cut pieces 4" x 2 1/2".  
Side Sections - Cut pieces 2 1/2" x 2 1/2".

### Instructions

**Step 1:** Hoop water soluble stabilizer (WSS). Stitch the first color which is an applique placement outline.

**Step 2:** Position the outer fabric, right side up, over the Timtex, and center both pieces over the placement outline. Stitch the second color which will sew the fabric and Timtex to the stabilizer.

**Step 3:** Stitch the embroidery design.



**Step 4:** Turn the embroidery hoop over. For handles cut one 10 inch length of 3/8" wide ribbon. Position the ribbon as shown and hold in place with tape. Center the lining fabric, right side facing up, over the applique placement outline. Hold in place with tape or temporary spray adhesive. Stitch the next color which will sew the lining fabric to the stabilizer.



Remove the hoop from the machine and trim the fabric and Timtex close to the stitching - be careful not to cut the stabilizer. Turn the hoop over and trim the lining fabric close to the stitching - be careful not to cut the ribbon.



**Step 5:** Stitch the next color which will stitch a zigzag stitch around the fabric.

**Step 6:** Place the same color thread in the bobbin as is being used on top. Stitch the final color. This step will first place zigzag under stitching and then stitch the finish satin stitch.

Remove the stabilizer from the embroidery hoop and trim the stabilizer close to the satin stitching - be careful not to cut the stitching. Use a damp cloth to run along the edges to dissolve the remaining stabilizer.

Follow the above steps to make the back, bottom and side sections. The back section can have the embroidery design or a verse embroidered in the heart or it can be left blank.

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